



# CAMILIE HOLMES

## LMHC

### NEW YORK



914-297-9198



holmescamille4@gmail.com



Camilie Holmes Therapy



Telehealth Counseling



Evening Availability

## PROFILE

This African American, English-speaking Christian practitioner is very active in their faith tradition and feels very comfortable sharing their spiritual beliefs to support the therapeutic process. With the client's consent or request, they incorporate holistic practices such as prayer, biblical scripture, meditation, and other sacred spiritual texts into sessions. They are also very comfortable working with clients for whom faith is an important part of their lives.

## AREAS OF EXPERTISE

Anger Management  
Anxiety  
Adolescent  
Depression  
Children  
Ministry Leadership / Missionary  
Parenting  
Grief  
Spirituality  
Stress

## PAYMENT INFORMATION

- \$100 per session
- Offering a sliding scale
- Not Accepting Insurance

## CLINICAL APPROACHES

Acceptance & Commitment, Cognitive Behavioral (CBT), Couples/Marital  
Dialectical Behavioral Therapy (DBT)  
Faith-based, Gottman, Motivational  
Interviewing, Solution Focus Brief Therapy