



SYLVIA WRIGHT

LCSW

NEW JERSEY, NEW YORK



845-659-9270



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With God's Help, Licensed Clinical Social Work, LLC



Telehealth Counseling



Wednesday-Saturday

PROFILE

This African American, English-speaking Christian practitioner is very active in their faith tradition and feels very comfortable sharing their own spiritual beliefs to support the therapeutic process. They are open to incorporating holistic practices, such as prayer, meditation, and biblical scripture into sessions at the client's consent or request. They are also very comfortable working with clients for whom faith plays an important role in their lives.

PAYMENT INFORMATION

- \$150.00 per session
- offering a sliding scale
- Accepts Insurance: Aetna, Cigna, Employee Assistance Programs (EAPs), Medicare, UnitedHealthcare

AREAS OF EXPERTISE

Anger Management, Anxiety
Depression, Divorce, Family
Geriatric Mental Health (Elderly), Grief,
Marriage & Couples
Ministry Leadership / Missionary,
Obsessive-Compulsive Disorder
Postpartum Depression
Spirituality, Stress, Suicidal Ideation,
Women's Issues, Trauma & PTSD

CLINICAL APPROACHES

Christian Counseling
Cognitive Behavioral (CBT)
Faith-based
Family
Motivational Interviewing
Exposure and response prevention-OCD