



DR. NAEEMA BURGESS

NEUROPSYCHOLOGIST

MT. VERNON, NEW YORK



347-740 2640



Drnaeema@givinghopellc.org



GivingHopeLLC.org



Giving Hope LLC



Telehealth & In-person Counseling



Mon.-Fri. 8am-8pm, Sat. and Sun. 9am-2pm

PROFILE

This African American, English-speaking Christian practitioner is active in their faith tradition and very comfortable sharing their spiritual beliefs to support the therapeutic process. Their intake process includes questions about a client's faith. With the client's consent or request, they incorporate practices such as prayer, meditation, biblical scripture, and other spiritual texts into sessions. They are also very comfortable working with clients for whom faith is an important part of their lives.

PAYMENT INFORMATION

- \$200-350 per session
- Offering a sliding scale
- Accepts Insurance: Aetna, Anthem, Blue Cross Blue Shield, Blue Shield of California, Cigna, Medicaid, Oscar Health, UnitedHealthcare, Other: Optum, Out of Network

AREAS OF EXPERTISE

Adolescent, Anxiety, Children, Depression, Divorce, Family, Geriatric Mental Health (Elderly), Grief, Life Coach, Marriage & Couples, Men's Issues, Ministry Leadership / Missionary, Parenting, Pregnancy, Postpartum Depression, Racial Identity, Relationship Issues, Self-esteem, Sex Abuse, Spirituality, Stress, Women's Issues, Autism, ADHD, learning challenges, parent management

CLINICAL APPROACHES

Acceptance & Commitment, Art Therapy, Christian Counseling, Cognitive Behavioral (CBT), Couples/Marital, Electroconvulsive Therapy, Faith-based, Family, Humanistic, Integrative, Interventions, Mindfulness-Based (MBCT), Motivational Interviewing, Nutritional Therapy, Parent Child Interaction, Rational emotive behavior therapy (REBT), Restoration Therapy (RT), Solution Focus Brief Therapy, Trauma Focused. Eclectics