



FELICIA HARPER

LMHC

NEW YORK



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Felicia Harper Therapy



Telehealth Counseling



Mon. -Tues., Thurs. 5pm-8pm, Wed. 4pm-6pm,
Sat. 8am-2pm

PROFILE

This Black, English-speaking practitioner identifies as spiritual but not religious and is active in their spiritual practice. Their intake process includes questions about a client's faith. They feel comfortable sharing their own spiritual beliefs to support the therapeutic process and are open to incorporating holistic practices such as meditation, biblical scripture, and mind-body exercises like yoga and tai chi into sessions with the client's consent or request. They are also very comfortable working with clients for whom faith holds significant importance.

AREAS OF EXPERTISE

Adolescent
Anxiety
Children
Depression

PAYMENT INFORMATION

- Individual Therapy \$200
Family/Couples \$250
- Offering a sliding scale
- Accepting Insurance: Aetna,
Out of Network

CLINICAL APPROACHES

Cognitive Behavioral (CBT),
Couples/Marital
Dialectical Behavioral Therapy (DBT),
Faith-based, Family, Gottman,
Mindfulness-Based (MBCT), Motivational
Interviewing, Rational emotive behavior
therapy (REBT), Narrative, Trauma
Focused, Solution Focus, Brief Therapy,
Tapping and meditation