



# SHAQUALA FIELDS, LCSW NY, NJ

- 917-319-5465
- womenofworthlcsw@gmail.com
- Women of Worth, LCSW PLLC-
- Telehealth Counseling
- Mon.- Fri. 9 am- 7 pm

#### **PROFILE**

This English-speaking Christian organization includes questions about a client's faith, religion, or spirituality as part of its intake process to ensure personalized and faith-sensitive care. The clinicians are very comfortable working with clients whose faith is important to them and sharing their own spiritual beliefs when it supports the therapeutic process. With the client's consent or request, they incorporate holistic practices such as prayer, meditation, and biblical scripture into therapy sessions.

#### AREAS OF EXPERTISE

Anxiety, Depression
Divorce, Dual Diagnosis, Grief
Ministry & Leadership Issues
Parenting, Postpartum
Relationship Issues, Self-esteem,
Stress, Women's Issues

## **PAYMENT INFORMATION**

- Per Session \$150
- Sliding Scale
- Accepting Insurance: Aetna, Anthem Blue Cross Blue Shield, Blue Shield of California, CareFirst BlueCross BlueShield, Cigna, Horizon Blue Cross Blue Shield, Oscar Health, UnitedHealthcare

### **CLINICAL APPROACHES**

Christian Counseling
Cognitive Behavioral (CBT)
Faith-based
Motivational Interviewing
Trauma Focused
Solution Focus Brief Therapy
Support Group
Narrative