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S.W.I.M.

STEARDFAST WOMEN IN MINISTRY, INC



GENERAL MENTAL HEALTH SERVICES

American Psychiatric Association

www.psych.org

American Psychological Association

www.apa.org

Mental Health America

www.mentalhealthamerica.net

National Alliance on Mental Illness

Helpline: 1-800-950-NAMI or
text "NAMI" to 741741

www.nami.org

National Association of School Psychologist

www.nasponline.org

National Association of Social Workers

www.naswdc.org

National Association of State Mental Health Program Directors

www.nasmhpd.org

National Council for Community Behavioral Healthcare

www.thenationalcouncil.org

National Institute of Mental Health

www.nimh.nih.gov

Substance Abuse and Mental Health Services Administration

www.samhsa.gov

Centers for Disease Control and Prevention

<https://www.cdc.gov/>

Brain & Behavior Research Foundation

[BrainandBehaviorResearch - BBRFoundation.org](http://BrainandBehaviorResearch-BBRFoundation.org)



ADDICTION & SUBSTANCE ABUSE RESOURCES

The Sharing Community

1 Hudson Street Yonkers, NY 10701

Phone: 914-963-2626

www.thesharingcommunity.org

Crossroads Community Residence

395 Webster Avenue New Rochelle, NY 10801

Phone: 914-636-8689

Chemical Dependency Services Outpatient

256 Washington Street Mount Vernon, NY

10553 Phone: 914-613-0700

20 Sickles Avenue New Rochelle, NY 10801

Phone: 914-613-0700

Russell E. Blaisdell Addiction Treatment Center

140 Old Orangeburg Road, Box 140 Orangeburg, NY 10962

Phone: 845-359-8500

National Cancer Institute Smoking Quitline

1-800-QUIT-NOW

Al-Anon

Alcohol Addiction support

Al-Anon Family Groups

Narcotics Anonymous and Alcoholics Anonymous www.na.org

www.aa.org

New York State Hopeline

Offering help & hope 24 hours a day, for alcoholism, drug abuse and problem gambling.

1-877-8-HOPENY CALL OR TEXT 467369

[1-877-8-HOPENY \(467369\) | Office of Addiction Services and Supports](http://1-877-8-HOPENY (467369) | Office of Addiction Services and Supports)

Eating Disorders Anonymous

<https://eatingdisordersanonymous.org/>

Overeaters Anonymous

[Home - Overeaters Anonymous \(oa.org\)](http://Home - Overeaters Anonymous (oa.org))



CONTACT INFORMATION FOR MEDICAL, MENTAL & SOCIAL SERVICES

National Association of Anorexia (Nervosa and Associated Disorders)

www.anad.org

National Eating Disorders Association

www.nationaleatingdisorders.org

International OCD Foundation

www.ocfoundation.org

National Council on Alcoholism and Drug Dependence, Inc.

Phone: 800-622-2255

www.ncadd.org

National Institute on Alcohol Abuse And Alcoholism

www.niaaa.nih.gov

National Institute on Drug Abuse

www.nida.nih.gov

Substance Abuse and Mental Health Services Administration

www.findtreatment.samhsa.gov/

STEADFAST WOMEN IN MINISTRY, INC



ANXIETY & DEPRESSION

National Traumatic Stress Network

www.nctsn.org

Anxiety Disorders Association of America

www.adaa.org/living-with-anxiety/children

Freedom From Fear

[Freedom From Fear: Anxiety and Depression Resource Organization](http://FreedomFromFear.org)

Schizophrenia and Related Disorders Alliance of America

[Home - Schizophrenia & Psychosis Action Alliance \(sczaction.org\)](http://Home-Schizophrenia.org)

Depression and Bipolar Support Alliance

www.dbsalliance.org

Patient Advocate Foundation

Phone: 800-532-5274

www.patientadvocate.org/index.php





BEREAVEMENT RESOURCES

Bereavement Center of Westchester

Phone: (914) 787-6158

Email: info@thebereavementcenter.org

<http://www.bcwtreehouse.org/child-adult-programs/individual-counseling/>

GriefShare Surviving the Holidays

Phone: 800-395-5755

Email: info@griefshare.org

<https://www.griefshare.org/holidays>

The MISS Foundation

Phone: 888-455-MISS-6477

Email: info@missfoundation.org

<https://www.missfoundation.org/>

First Candle Supporting Families

Phone: 203-966-1300

<https://firstcandle.org/online-support-groups/>

Allina Health

Phone: 888-425-5462

<https://account.allinahealth.org/find/eventsquery?t=topic&et=grief&so=true>

HealGrief.org

Email: Admin@HealGrief.org

<https://healgrief.org/understanding-grief/>

Soaring Spirits International

Phone: 877-671-4071

Email: contact@soaringspirits.org

<https://widowedvillage.org/documents/>

Grief In Common

Phone: 424-265-1818

<https://www.griefincommon.com/connect/pages/online-support/>



CANCER SUPPORT SERVICES

FORCE: Facing Our Risk of Cancer Empowered

1-866-824-7475 (helpline), voicemail line 1-866-288-7475

FORCE is a non-profit organization for women with increased risk of breast and ovarian cancer because of family history and genetic factors.

<http://www.facingourrisk.org>

Living Beyond Breast Cancer LBBC

mission to encourage all women with breast cancer to live long and high-quality lives.

Phone: 888-753-5222

<http://www.lbbs.org>

Adelphi University Statewide Breast Cancer Hotline and Support Group

Phone: 800.877.8077

www.adelphi.edu/nysbreastcancer/

Albert Einstein Cancer Center at Montefiore Medical Center

111 East 210th Street

Bronx, NY 10467

(718) 405-8256

Comprehensive Cancer Care

Chai Lifeline

New York Greater Atlantic

Region 151 West 30th Street

3rd Floor

New York, NY 10001

(212) 465-1300

(Provides services to the 5 boroughs in NYC and Long Island)

SHARE Main Office

165 West 46th Street Suite 712,

New York, NY 10036

Lists all regional NYC including Harlem

212-719-0364

844-275-7427

www.sharecancersupport.org

Chemo Comfort, Inc.

Complimentary Chemo Comfort Kits for Breast Cancer Patients.

Phone: 212-675-3744



CANCER SUPPORT SERVICES

Memorial Sloan-Kettering Counseling Center

Breast/Ovarian Cancer Support

641 Lexington Avenue 7th Fl.

New York, NY 10022

Phone: 646-888-0100

Phone: 646-888-0200

YOUNG SURVIVAL COALITION

Education and Support for Young Women with Breast Cancer

Phone: 877-972-1011

www.youngsurvival.org

Colorectal Cancer Support Group

Cancer Care Counseling and Support

Phone: 800-813-HOPE (4673)

email info@cancercare.org Financial Assistance

www.cancercare.org

National Coalition for Cancer Survivorship

For information about survivorship issues sources of assistance for patients and their families 1-877-622-7937

www.canceradvocacy.org

The Creative Center

Arts for People with Cancer

PH: 646-465-5313

Dedicated to bringing the creative arts to people with cancer, chronic illnesses, and through all stages of life.

www.thecreativecenter.org

Look Good Feel Better

PH: 1-800-395-LOOK

National Cosmetology Association

Helps with changes in appearance due to treatment.

www.lookgoodfeelbetter.org/



CULTURALLY CONSCIOUS MENTAL HEALTH RESOURCES

Black Mental Health Alliance | (Directory of Black counselors)

Phone: 410-338-2642

Email: info@blackmentalhealth.com

www.blackmentalhealth.com

The Boris Lawrence Henson Foundation (Free therapy application)

Phone: 213-222-6327

Email: info@borislhensonfoundation.org

www.borislhensonfoundation.org

The Loveland Foundation (Offers grants for Black female counseling)

Email: info@thelovelandfoundation.org

www.thelovelandfoundation.org

The Steve Fund (Assist college students)

Email: info@stevefund.org

401-249-0044

www.stevefund.org

Sésé Birthing Freedom (Reduces infant and maternal mortality rates)

Email: info@sesebirthingfreedom.com

www.sesebirthingfreedom.com

Therapy for Black Men.org (Geared towards Black men)

Email: info@therapyforblackmen.org

www.therapyforblackmen.org

Therapy for Black Girls

an online space dedicated to encouraging the mental wellness of Black women and girls.

www.therapyforblackgirls.com

Clinicians of Color (Features Clinicians of Color across the country)

<https://cliniciansofcolor.org/>



DOMESTIC VIOLENCE RESOURCES

Hope's Door

Domestic Violence 24 Hour Hotline

Phone: 888-438-8700

www.hopesdoorny.org

1 in 6 online helplines: Helpline for Men Who Were Sexually Abused or Assaulted

Email: info@1in6.org

<https://1in6.org/helpline/>

RAINN (Rape, Abuse & Incest National Network)

Phone: 800.656.4673

<https://rainn.org/consulting-services#hotline>

NYC Well (Talk, Text, Chat 24/7)

Phone: 888-NYC-WELL

Text "WELL" to 65173

NYC Family Justice Center, Manhattan & Bronx

80 Centre Street, NY 10013,

Phone: 212-602-2800

Phone: 718-508-1222

Walk-in Services- M-F 9a-5p

NYC Domestic Violence Hotline (Safe Horizon)

Phone: 800-621-HOPE (4673)

Phone: 866-604-5350 (TDD)

NY Presbyterian

Family PEACE Trauma Treatment Center

Phone: 646-317-5517/5525

My Sisters' Place

Phone: 914-683-1333

Email: info@mspny.org

24/7 HOTLINE: 800-298-7233

www.mspny.org



FAMILY & YOUTH RESOURCES

Grandfamilies.org

<https://www.grandfamilies.org/resources>

Child Welfare Information Gateway

Phone: 800-394-3366

Email: info@childwelfare.gov

[Find Resources | Child Welfare Information Gateway](#)

American Bar Association

Center on Children and the Law

https://www.americanbar.org/groups/public_interest/child_law/

American Academy of Child & Adolescent Psychiatry

www.aacap.org

American Academy of Pediatrics

HealthyChildren.org - From the American Academy of Pediatrics

American Academy of Family Physicians

www.aafp.org

Children and Adults with Attention Deficit/ Hyperactivity Disorder (CHADD)

www.chadd.org

Hawthorne Foundation

Assisting people with intellectual and developmental disabilities and their families.

914-592-8526

[ABOUT US | Hawthorne Foundation Inc. | United States](#)

Youth M.O.V.E.

Youth Advocacy & Peer Support

www.youthmovenational.org

The Trevor Project

Phone: 866-488-7386

[The Trevor Project - Suicide Prevention for LGBTQ+ Young People](#)



CONTACT INFORMATION FOR MEDICAL, MENTAL & SOCIAL SERVICES

National Federation of Families for Children's Mental Health

www.ffcmh.org

The National Child Traumatic Stress Network

<https://www.nctsn.org/audiences/families-and-caregivers>

Pretty Brown Girl

To empower Black and Brown girls while encouraging self-acceptance by cultivating social, emotional & intellectual well-being.

www.prettybrowngirl.com

Family Services of Westchester

Mount Vernon, NY 10550

Phone: 914-668-9124, Ext. 11

mfurtick@fsw.org

Mount Vernon SNUG of FSW

Violence Intervention

Rcarter@Fsw.org

Phone: 914-305-7000

<https://www.fsw.org/restorative-justice-programs/mount-vernon-snug-of-fsw/>

Youth Shelter Program of Westchester

Serves young people ages 16-25

220 East 8th Street Mount Vernon, NY 10550

Phone: 914-668-4702

<https://www.ysow.org/>

WJCS Mt. Vernon Family Mental Health Clinic

11 West Prospect Avenue, 4th floor Mt. Vernon, NY 10550

Phone: 914-668-8938

ARC Westchester

Offers 24 hour assistance to people with intellectual and developmental disabilities and their families.

914-949-8200

<https://www.arcwestchester.org>



FAITH AFFIRMING COUNSELING

Blanton-Peale Institute & Counseling Center

A licensed mental-health counseling and training center that promotes holistic mental health and wellbeing by nurturing mind, body, and spirit.

7 West 30th Street, 9th & 10th Floors

New York, NY 10001

Phone: 212-725-7850

[Home - Blanton-Peale \(blantonpeale.org\)](http://blantonpeale.org)

The Hope Center

228C West 116th street New York, NY 10026

Phone: 347-778-7610

[Home | H.O.P.E Center \(hopecenterharlem.org\)](http://hopecenterharlem.org)

Soul Shop Movement

Faith based training regarding suicide prevention.

www.soulshopmovement.org

Steadfast Women in Ministry, Inc (S.W.I.M.)

A source of faith affirming resources

<https://www.swimforwellness.org/resources>





MATERNAL HEALTH RESOURCES

Postpartum Support International (Depression Line)

Phone: 800-944-4773

<https://www.postpartum.net/resources/>

Doula View LLC

[Doula View LLC | Atlanta Metropolitan Area, GA, EUA | Lamaze](#)

National Maternal Mental Health Hotline

Phone: 833-943-5746

<https://mchb.hrsa.gov/national-maternal-mental-health-hotline>

Sésé Birthing Freedom (Reduces infant and maternal mortality rates)

Email: info@sesebirthingfreedom.com

www.sesebirthingfreedom.com

Maternal Mental Health NOW

<https://www.maternalmentalhealthnow.org/providers/>

Every Mother Counts

[Every Mother Counts \(EMC\) | Improving Maternal Health](#)

STEADFAST WOMEN IN MINISTRY, INC



SUICIDE PREVENTION & MENTAL HEALTH CRISIS

National Suicide Prevention Lifeline

Phone: 800-273-TALK (1-800-273-8255)

Call or Text 988

American Foundation for Suicide Prevention

www.afsp.org

American Association of Suicidology

www.suicidology.org

Suicide Prevention Resource Center

www.sprc.org

S.A.F.E. Alternatives (Self-Abuse Finally Ends)

www.selfinjury.com

NY Crisis Prevention and Response Team

St. Vincent's Hospital – St. Joseph's Medical Center

Phone: 914-925-5959

[Saint Joseph's - Medical & Behavioral Health Services \(saintjosephs.org\)](http://saintjosephs.org)

LifeNet-Mental Health Crisis

English: 1-800-LIFENET (1-800-543-3638)

Spanish: 1-877-AYUDESE (1-877-293-3373)

Mandarin, Cantonese, Korean: 1-877-990-8585

NYC WELL

1-888-NYC-WELL (1-888-692-9355)

or text "WELL" to 65173



VETERANS SUPPORT

The Veterans Crisis Line

24/7, confidential crisis support

Phone: 800-273-8255 and Press 1, chat live, or text 838255.

<https://www.veteranscrisisline.net/>

NAMI Veterans & Active Duty

Confidential counselors for service members and their families

Phone: 800-342-9647 or 703-253-7599

<https://www.nami.org/Your-Journey/Veterans-Active-Duty>

Military OneSource

Phone: 800-342-9647

<https://www.militaryonesource.mil/international-calling-options/>



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